



901 Central Park Dr
Sanford, FL 32771
407-831-4500

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tumbling					
Level 1	5:00-6:00 Jason 6:30-7:30 Jess	5:30-6:30 Giana		5:00-6:00 Jason	
Level 1/2		6:30-7:30 Giana	5:00-6:00 Jason 6:30-7:30 Megan S.		
Level 2	4:30-5:30 Jess	5:00-6:00 Jason	4:00-5:00 Octavious 7:00-8:00 Jason	6:00-7:00 Jason	
Level 2/3	6:00-7:00 Jason	7:30-8:30 Giana		7:00-8:00 Shelly	
Level 3-5			6:00-7:00 Jason	7:00-8:00 Jason	
Level 3/4		6:00-7:00 Jason			
Level 4-6	4:00-5:00 Octavious 7:00-8:00 Jason	7:00-8:00 Jason			
Tumbling Tricks			7:00-8:00 London		
Cheerleading					
Tiny Cheer (ages 3-6)	5:00-6:00 London	4:00-5:00 Daniel	6:00-7:00 Megan M.		
Cheer 101 (Ages 7+)	5:30-6:30 Jess		6:00-7:00 London	6:00-7:00 Shelly	
Jumps		6:30-7:30 Madison			5:00-6:00 Daniel**
Flyer (Team Athletes Only)					
Flexibility & Stretching			6:00-7:00 Karlie	4:00-5:00 Daniel	6:00-7:00 Daniel**

PLEASE NOTE:

- Minimum class size is 3 active students: any less may result in a schedule change
- Assigned instructors are subject to change
- Make up classes must be scheduled through the front desk
- Friday classes are only available until the end of August**
- Updated 6/2/2022