

2023-2024 Season Evaluation Info



Welcome and thank you for choosing Legendary Athletics! At Legendary Athletics, we are focused on creating a competitive yet fun environment for all our athletes. Operating out of our facility in Sanford, Florida, we have all the tools necessary to bring any athlete to the next level. Our program emphasizes fun, competitiveness, team building and, most important, the creation of friends and bonds that will last a lifetime.

Regardless of age or experience level, we strive to make sure everyone has the same enjoyable evaluation process. We will make sure that all athletes are properly placed on an appropriate team for the upcoming season.

Cheer

Cheer evaluations will consist of 3 different days. The first day of evaluations will be by birth year where staff will evaluate individual skills such as standing tumbling, running tumbling, stamina, and jumps. At the end of this evaluation each athlete will leave knowing what following 2 days they should attend. Staff will hand out cards to let each individual know what level evaluation day/time to come to.

During our level evaluations, we will still look at tumbling and jumps as a group but we will also see stunting. We will still split by appropriate age groups during this time although they may not be exactly how they were split the first day.

Just because your athlete was invited to a certain level does not guarantee that they will make a team of that level for the season.

Dance

Dance evaluations will consist of 2 different days. All athletes will come based on birth year listed on the chart and the correlating day.

On the first evaluation day each age group will learn a different dance. Athletes will then have time to review and perfect the material until they come back for the second evaluation day. At the second and final dance day they will perform the dance in small groups in front of the staff and others within their age group. Staff will also be evaluating 3 different tricks/tumbling skills from each athlete.

#1 Cheer Evaluation Days & Times by Ages

Birth Year	Evaluation Day	Evaluation Time
2019-2020	Monday, May 15 th	5:00pm-6:00pm
2013-2015	Monday, May 15 th	6:30pm-8:30pm
2016-2018	Wednesday, May 17 th	5:00pm-6:00pm
6/1/04-2007	Wednesday, May 17 th	6:30pm-8:30pm
2011-2013	Friday, May 19 th	5:00pm-6:30pm
2008-2010	Friday, May 19 th	7:00pm-8:30pm

#2 Cheer Evaluation Days & Times by Levels

Level	Evaluation Days	Evaluation Times
Level 1	Saturday, May 20 th	12:00pm-2:00pm
	Tuesday, May 23 rd	5:00pm-6:30pm
Level 3	Saturday, May 20 th	2:30pm-4:30pm
	Tuesday, May 23 rd	6:30pm-8:00pm
Level 5/6	Saturday, May 20 th	5:00pm-7:00pm
	Tuesday, May 23 rd	8:00pm-9:30pm
Level 2	Sunday, May 21 st	2:00pm-4:00pm
	Thursday, May 25 th	5:00pm-6:30pm
Level 4	Sunday, May 21 st	4:30pm-6:30pm
	Thursday, May 25 th	7:00pm-8:30pm

Flyer Evaluations

Birth Year	Evaluation Day	Evaluation Time
2013-2015	Monday, May 15 th	6:00pm-6:30pm
2016-2018	Wednesday, May 17 th	6:00pm-6:30pm
6/1/04-2007	Wednesday, May 17 th	8:30pm-9:00pm
2011-2013	Friday, May 19 th	6:30pm-7:00pm
2008-2010	Friday, May 19 th	8:30pm-9:00pm

If an athlete would like to be considered a flyer, they will need to attend an additional flyer evaluation time. Attending flyer evaluations does not guarantee a flyer position on a team but it does allow staff additional time to evaluate flyers potential, ability, and flexibility. We will also be looking at body control, air awareness, and performance.

Tryout Forms & Fees

- \$100 per sport (cheer/dance)
- [Cheer Evaluation Form](#)
- [Dance Evaluation Form](#)



Team Placements and Creation

When making teams, we will ensure they are full of well-rounded athletes that can contribute throughout the routine. This includes stunts, pyramids, tosses, standing tumbling, running tumbling, jumps, showmanship, and dance.

Stunts and pyramids must be fast pace, executed well, and difficult.

Tumbling must be performed and repeatable with near perfect execution, not only as an individual but as well in large groups with others.

Although we can assume the types of teams we will have based on the previous year, we cannot answer the question of what teams we will have for the upcoming season until evaluations are completed. Teams are created based on those that come and complete the evaluation process.

Some athletes will gain individual skills at a rapid pace, but when it comes to teams, we believe in proper team leveling and progressions.

When it comes to age groups, the majority will be placed on an age-appropriate team. An "older" team does not necessarily mean better (youth vs junior or junior vs senior). By grouping athletes by age, we can better ensure their emotional and social growth. Sometimes stunting needs can affect the move of younger athletes to an older team but this is not always the case. Having your child on a team at the high end of the age range allows them to perform the necessary skills and build leadership qualities.

As your athletes' abilities increase, we want to make sure they are placed on teams where they can increase the consistency of their tumbling and their stunting ability as well. We want athletes to be able to participate in all areas of the scoresheet, become well-rounded athletes, and exude confidence.

- Every team at Legendary will be set up for success.
- It takes 2-3 years to master a cheer level. Celebrate whatever team/level your athlete makes.
- If your athlete is tiny age, they will most likely end up on a tiny team. If your athlete is mini age, they will most likely end up on a mini team. Etc.
- Even if your athlete ends up on the same team/level they were on last year they will have a completely different and new experience.
- Do not compare your athlete to others. Every athlete/child is unique and will bring a unique skill set to whatever team they are placed on.

Dance Evaluation Days & Times by Ages

Birth Year	Evaluation Days	Evaluation Times
2016-2019	Tuesday, May 16 th	5:30pm-6:30pm
	Monday, May 22 nd	5:00pm-6:30pm
2013-2015	Tuesday, May 16 th	6:30pm-8:00pm
	Monday, May 22 nd	5:00pm-6:30pm
2010-2012	Thursday, May 18 th	5:00pm-6:30pm
	Monday, May 22 nd	7:00pm-8:30pm
2007-2009	Thursday, May 18 th	7:00pm-8:30pm
	Wednesday, May 24 th	5:00pm-6:30pm
2006 & Earlier	Friday, May 19 th	7:00pm-8:30pm
	Wednesday, May 24 th	7:00pm-8:30pm

- Every team at Legendary will be set up for success.
- Sometimes there will be multiple teams in the same age group. They are based on team size. A large team is defined by premier, and a small team is defined by elite.
- If your athlete is tiny age, they will most likely end up on a tiny team. If your athlete is mini age, they will most likely end up on a mini team. Etc.
- Even if your athlete ends up on the same team/level they were on last year they will have a completely different and new experience.
- Do not compare your athlete to others. Every athlete/child is unique and will bring a unique skill set to whatever team they are placed on.
- Although choreography and performance play a key role in making teams the addition of athletic ability and tricks will be taken into consideration as well.

Evaluation Make Ups

If you are unable to make a day for a particular reason, please email us at reception@legendaryathletics.com. Please include your athletes name, age, skills, and the reason you cannot attend.

Team Practice Schedule

Cheer: All teams practice two days a week, typically a Monday/Wednesday or a Tuesday/Thursday. Tiny Teams practice one day a week. Attendance is very important to the success of the team. Additional practices may be added throughout the season.

Dance: All teams practice one day a week. Depending on age groups, teams will practice for up to 1 hour but no more than 2 hours. Attendance is very important to the success of the team. Additional practices may be added throughout the season.

Double Teaming Option

If your athlete is interested in double teaming (competing on 2 different teams in 1 season, meaning 2 cheer teams or 2 dance teams) Please indicate on your tryout form. If you are trying out for cheer and dance you will need to fill out both tryout forms. Double Teaming fees would apply. Answering yes does not guarantee placement on two teams.

Team Placement Re-evaluation

Maintaining skills is a requirement. Skills shown at evaluations are expected to be maintained throughout the season. The first few months will be used to further evaluate how the team fits together. Athletes may still be moved around during this time.

Current Age Grid

Below are links to the list of available USASF divisions. Just because a division is listed does not mean that Legendary will be having a team in that division for the 2023-2024 season.

[2023-2024 USASF Cheer Age Grid](#)

[2023-2024 USASF Dance Age Grid](#)

Legendary Athletes Costs

We understand that All-star cheer and dance is an expensive sport. We give all our pricing upfront so you know the financial commitment before you sign up for the year. We hope to offer different fundraising opportunities that can help offset the cost.

Our cheer and dance program does travel out of state for a number of competitions. Our prices include everything except travel costs. Athletes will travel with family and stay in hotel with family. When we have out of state competitions there will usually be a room block for Legendary and information will come out later in the season.

Our fees are split into 11 months (June-April) and are due on the first of each month. The fees include: competition fees, choreography, music, coaching fees, and several other expenses. Apparel and uniforms will be billed separately and are not included in your monthly fees.

Prices below are based on the 2022-2023 Season

Cheer Team	Annual Amount	Monthly
Tiny Novice-Mini 1	\$2,045-\$2,981	\$185.91-\$271.00
Youth-Senior	\$3,319-\$3,789	\$301.73-\$344.45
Dance Team	Annual Amount	Monthly
Tiny	\$2,385	\$216.82
Mini	\$2,745	\$249.55
Youth	\$2,901	\$263.73
Junior/Senior	\$3,001	\$272.82

Additional Items (Estimates):

- One Time Gym Registration: \$50
- USASF Registration Fee
- End of Season Events
- Cheer Apparel: \$365-\$450 depending on team
- Cheer Uniform: \$200-\$500 depending on team
- Dance Uniform: \$300-\$400 depending on team
- *Dance teams get a new uniform each year. We are entering a new cycle for cheer uniforms and some teams will be getting brand new uniforms. Depending on the team your athlete is placed on you may be able to purchase a used one*