



LEGENDARY ATHLETICS
2024-2025 EVALUATION PACKET

Welcome and thank you for choosing Legendary Athletics! At Legendary Athletics, we are focused on creating a competitive yet fun environment for all our athletes. Operating out of our facility in Sanford, Florida, we have all the tools necessary to bring any athlete to the next level. Our program emphasizes fun, competitiveness, team building and, most important, the creation of friends and bonds that will last a lifetime.

Regardless of age or experience level, we strive to make sure everyone has the same enjoyable evaluation process. We will make sure that all athletes are properly placed on an appropriate team for the upcoming season.

Cheer

Cheer evaluations will consist of 2 different days. The first day of evaluations will be by birth year where staff will evaluate individual skills such as standing tumbling, running tumbling, stamina, and jumps. At the end of this evaluation each athlete will leave knowing what level day they should attend. Staff will hand out cards to let everyone know what level evaluation day/time to come to.

During our level evaluations, we will still look at tumbling and jumps as a group, but we will also see stunting. We will still split by appropriate age groups during this time although they may not be exactly how they were split the first day.

Just because your athlete was invited to a certain level does not guarantee that they will make a team of that level for the season.

Dance

Dance evaluations will consist of 2 different days. All athletes will come based on birth year listed on the chart and the correlating day.

On the first evaluation day each age group will learn a different dance. Athletes will then have time to review and perfect the material until they come back for the second evaluation day. At the second and final dance day they will perform the dance in small groups in front of the staff and others within their age group. Staff will also be evaluating 3 different tricks/tumbling skills from each athlete.



#1 Cheer Evaluation Days & Times by Ages

Birth Year	Evaluation Day	Evaluation Time
2012-2014	Monday, May 20 th	6:00-8:00pm
2015-2016	Tuesday, May 21 st	5:00-7:00pm
6/1/2005-2011	Tuesday, May 21 st	7:00-9:00pm
2017-2021	Wednesday, May 22 nd	5:00-6:30pm

#2 Cheer Evaluation Days & Times by Levels

Level	Evaluation Days	Evaluation Times
Level 2 & Level 3	Thursday, May 23 rd	5:30-8:30pm
Level 4 & Level 5 & Level 6	Friday, May 24 th	5:30-8:30pm
Level 1	Saturday, May 25 th	2:00pm-4:00pm

Flyer Evaluations

Evaluation Day	Evaluation Time
Monday, May 20 th	5:30-6:00pm
Tuesday, May 21 st	4:30-5:30pm
Wednesday, May 2 nd	6:30-7:00pm

If your athlete was a flyer at Legendary for the 23-24 season they will be taken into consideration for a flying position. If your athlete is new to us or would like to be considered for a flying position for the 24-25 season they will need to attend an additional flyer evaluation time. Attending flyer evaluations does not guarantee a flyer position on a team but it does allow staff additional time to evaluate flyers potential, ability, and flexibility. We will also be looking at body control, air awareness, and performance.

Tryout Forms & Fees

- \$100 per sport (cheer/dance)
- [Cheer Evaluation Form](#)
- [Dance Evaluation Form](#)

Team Placements and Creation

When making teams, we will ensure they are full of well-rounded athletes that can contribute throughout the routine. This includes stunts, pyramids, tosses, standing tumbling, running tumbling, jumps, showmanship, and dance.

Stunts and pyramids must be fast paced, executed well, and difficult.

Tumbling must be performed and repeatable with near perfect execution, not only as an individual but also in large groups with others.

Although we can assume the types of teams we will have based on the previous year, we cannot answer the question of what teams we will have for the upcoming season until evaluations are completed. Teams are created based on those that come and complete the evaluation process.

Some athletes will gain individual skills at a rapid pace, but when it comes to teams, we believe in proper team leveling and progressions.

When it comes to age groups, the majority will be placed on an age-appropriate team. An "older" team does not necessarily mean better (youth vs junior or junior vs senior). By grouping athletes by age, we can better ensure their emotional and social growth. Sometimes stunting needs can affect the move of younger athletes to an older team but this is not always the case. Having your child on a team at the high end of the age range allows them to perform the necessary skills and build leadership qualities.

As your athletes' abilities increase, we want to make sure they are placed on teams where they can increase the consistency of their tumbling and their stunting ability as well. We want athletes to be able to participate in all areas of the scoresheet, become well-rounded athletes, and exude confidence.

- Every team at Legendary will be set up for success.
- It takes 2-3 years to master a cheer level. Celebrate whatever team/level your athlete makes.
- If your athlete is tiny age, they will most likely end up on a tiny team. If your athlete is mini age, they will most likely end up on a mini team. Etc.
- Even if your athlete ends up on the same team/level they were on last year they will have a completely different and new experience.
- Do not compare your athlete to others. Every athlete/child is unique and will bring a unique skill set to whatever team they are placed on.
- Sometimes there will be multiple teams in the same age group. They are based on team size. A large team is defined by premier, and a small team is defined by elite.
- Although choreography and performance play a key role in making teams the addition of athletic ability and tricks will be taken into consideration as well.

Dance Evaluation Days & Times by Ages

Birth Year	Evaluation Days	Evaluation Times
2019-2020	Monday, May 20 th	5:00pm-6:00pm
	Saturday, May 25 th	9:00-10:00am
2017-2018	Tuesday, May 21 st	6:00pm-7:00pm
	Saturday, May 25 th	10:00-11:00am
2014-2016	Wednesday, May 22 nd	5:30-7:00pm
	Saturday, May 25 th	11:00-12:00pm
6/1/2005-2010	Thursday, May 23 rd	6:00-8:00pm
	Saturday, May 25 th	12:00-1:00pm
2011-2013	Friday, May 24 th	6:00-8:00pm
	Saturday, May 25 th	1:00-2:00pm

Evaluation Make Ups

If you are unable to make a day for a particular reason, please email us at reception@legendaryathletics.com. Please include your athletes' name, age, skills, and the reason you cannot attend.

Team Practice Schedule

Cheer: All teams practice two days a week, typically a Monday/Wednesday or a Tuesday/Thursday. Tiny Teams practice one day a week. Attendance is very important to the success of the team. Additional practices may be added throughout the season.

Dance: All teams practice one day a week. Depending on age groups, teams will practice for up to 1 hour but no more than 2 hours. Attendance is very important to the success of the team. Additional practices may be added throughout the season.

Double Teaming Option

If your athlete is interested in double teaming (competing on 2 different teams in 1 season, meaning 2 cheer teams or 2 dance teams) Please indicate on your tryout form. If you are trying out for cheer and dance, you will need to fill out both tryout forms. Double Teaming fees would apply. Answering yes does not guarantee placement on two teams.

Team Placement Re-evaluation

Maintaining skills is a requirement. Skills shown during evaluations are expected to be maintained throughout the season. The first few months will be used to further evaluate how the team fits together. Athletes may still be moved around during this time.

Current Age Grid

Below are links to the list of available USASF divisions. Just because a division is listed does not mean that Legendary will be having a team in that division for the 2024-2025 season.

[2024-2025 USASF Cheer Age Grid](#) & [2024-2025 USASF Dance Age Grid](#)

Legendary Athletes Costs

We understand that All-star cheer and dance is an expensive sport. We give all our pricing upfront, so you know the financial commitment before you sign up for the year. We hope to offer different fundraising opportunities that can help offset the cost.

Our cheer and dance program does travel out of state for a few competitions. Our prices include everything except travel costs. Athletes will travel and stay in hotels with family. When we have out-of-state competitions there will usually be a room block for Legendary and information will come out later in the season.

Our fees are split into 11 months (June-April) and are due on the first of each month. The fees include competition fees, choreography, music, coaching fees, and several other expenses. Apparel and uniforms will be billed separately and are not included in your monthly fees.

Prices below are based on the 2023-2024 Season.

Cheer Team	Annual Amount	Monthly
Novice & Prep Teams	\$2,090.99-\$3,152.38	\$190.09-\$286.58
Elite	\$3,416.05-\$4,400	\$310.55-\$440.00
Dance Team	Annual Amount	Monthly
Tiny	\$2,650.01	\$240.91
Mini	\$3,159.97	\$287.27
Youth	\$3,442.01	\$312.91
Junior/Senior	\$3,491.95	\$317.45

Additional Items (Estimates):

- One Time Gym Registration: \$50
- USASF Registration Fee: \$49 (based on previous years & paid directly to the USASF)
- End of Season Events
- Cheer Apparel: \$365-\$450 depending on team.
- Cheer Uniform: \$200-\$500 depending on team.
- Dance Uniform: \$300-\$400 depending on team.
- *Dance teams get a new uniform each year. All cheer uniforms will be staying the same as the previous year. Athletes may need a new uniform/piece based on team placements. You can purchase new or may find an option to buy used.

2024-2025 Full Evaluation Schedule

Monday, May 20 th	
Youth Cheer 2012-2014	6:00-8:00
Tiny Novice Hip Hop 2019-2020	5:00-6:00
Tuesday, May 21 st	
Mini Cheer 2015-2016	5:00-7:00
Junior/Senior Cheer 6/1/2005-2011	7:00-9:00
Tiny Hip Hop 2017-2018	6:00-7:00
Wednesday, May 22 nd	
Tiny Cheer 2017-2021	5:00-6:30
Parent Meeting	7:00
Mini Hip Hop 2014-2016	5:30-7:00
Thursday, May 23 rd	
Level 2 & Level 3	5:30-8:30
Junior/Senior/Open Hip Hop 2004 or before & 2005-2010	6:00-8:00
Friday, May 24 th	
Level 4 & Level 5 & Level 6	5:30-8:30
Youth Hip Hop 2011-2013	6:00-8:00
Saturday, May 25 th	
Tiny Novice Hip Hop 2019-2020	9:00-10:00
Tiny Hip Hop 2017-2018	10:00-11:00
Mini Hip Hop 2014-2016	11:00-12:00
Junior/Senior Hip Hop/Open 2004 or before & 2005-2010	12:00-1:00
Youth Hip Hop 2011-2013	1:00-2:00
Level 1	2:00-4:00

Additional Important Dates

Event	Date	Details
Teal Reveal	May 30 th	Come to the gym and celebrate team placements for the new season. More info TBA
Cheer Fitting Day	June 6 th	Athletes will be fitted for uniforms, practice wear, jackets, & shoes for the new season. More info TBA
Level 1 Stunt Clinic	June 10-12 th	Level 1 Teams come in the gym and learn stunt technique and skills to start off the season. Will come in during the day.
Level 2 Stunt Clinic	June 13-15 th	Level 2 Teams come in the gym and learn stunt technique and skills to start off the season. Will come in during the day.
Level 3 Stunt Clinic	June 17-19 th	Level 3 Teams come in the gym and learn stunt technique and skills to start off the season. Will come in during the day.
Level 4/5/6 Stunt Clinic	June 20-21 st	Level 4/5/6 Teams come in the gym and learn stunt technique and skills to start off the season. Will come in during the day.
Summer Break	July 1-5 th	Gym Closed for summer break
Choreography: Level 1	August 16-18 th	Each level 1 team will come during a specific time block to learn their routine/transitions/motions over the weekend.
Choreography: Level 2	August 23-25 th	Each level 2 team will come during a specific time block to learn their routine/transitions/motions over the weekend.
Choreography: Level 3	September 6-8 th	Each level 3 team will come during a specific time block to learn their routine/transitions/motions over the weekend.
Choreography: Level 4/5/6	September 21-22 nd	Each upper level team will come during a specific time block to learn their routine/transitions/motions over the weekend.

- As we get closer to each event more details will come out as it pertains to certain teams.
- Please note that choreography/stunt days may need to be adjusted depending on new teams for the 24-25 season.
- All dance teams will create routines and learn choreography during practice times and do not have additional choreography dates.
- A detailed gym wide calendar with events, closures, and theme weeks will come out as we begin the new season.