



901 Central Park Dr
 Sanford, FL 32771
 407-831-4500

2024-2025 Class Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tumbling					
Level 1	7:00-8:00 Giana	4:00-5:00 Ali	5:30-6:30 Alexis	4:30-5:30 Colette	5:30-6:30 Colette
Level 1/2	6:00-7:00 Jason		7:00-8:00 Jason	5:00-6:00 Jason	
Level 2	6:00-7:00 Octavious	4:00-5:00 Colette 5:00-6:00 Jason	5:00-6:00 Jason	6:00-7:00 Jason 7:00-8:00 Ali	5:00-6:00 Jason
Level 2/3	5:00-6:00 Jason	7:00-8:00 Giana		4:00-5:00 Megan	6:00-7:00 Jason
Level 3-5		5:00-6:00 Shelly 6:00-7:00 Jason	6:00-7:00 Jason	7:00-8:00 Jason	
Level 4-6	7:00-8:00 Jason	7:00-8:00 Jason	7:00-8:00 Octavious		
Tumbling Tricks	5:00-6:00 Cody	6:00-7:00 London	4:00-5:00 Janna		
Cheerleading					
Tiny Cheer (ages 3-6)		5:00-6:00 Colette	4:00-5:00 Daniel		
Cheer 101 (Ages 7+)		6:00-7:00 Shelly	6:30-7:30 Alexis	5:30-6:30 Alexis	
Flexibility & Stretching (Team Athletes Only)	6:00-7:00 Jess	4:00-5:00 Megan 6:00-7:00 Giana	7:00-8:00 Jess	6:00-7:00 Megan	

PLEASE NOTE:

- Minimum class size is 3 active students: any less may result in a schedule change
- Assigned instructors are subject to change
- Make up classes must be scheduled through the front desk
- Updated 5/29/2024