



**LEGENDARY ATHLETICS**  
**2026-2027 EVALUATION PACKET**

Welcome and thank you for choosing Legendary Athletics! At Legendary Athletics, we are focused on creating a competitive and enjoyable experience for all our athletes. Operating out of our facility in Sanford, Florida, we have all the tools necessary to bring any athlete to the next level. Our program emphasizes hard work, accountability, competitiveness, team building and, most important, the creation of friends and bonds that will last a lifetime.

Regardless of age or experience level, we strive to make sure everyone has the same enjoyable evaluation process. We will make sure that all athletes are properly placed on an appropriate team for the upcoming season.

### **Cheer**

Cheer evaluations will consist of 2 different days. The first day of evaluations will be by birth year where staff will evaluate individual skills such as standing tumbling, running tumbling, stamina, and jumps. At the end of this evaluation each athlete will leave knowing their day 2 time and level they should attend. Staff will hand out cards to let everyone know what level evaluation day/time to come to.

During our level evaluations, we will still look at tumbling and jumps as a group, but we will also focus on stunting. We will still split by appropriate age groups during this time although they may not be exactly how they were split the first day or the age team they may end up being placed on.

Just because your athlete was invited to a certain level does not guarantee that they will make a team of that level for the season.

If your athlete receives two cards, they must attend both. You do not pick and choose.

### **Dance**

Dance evaluations will consist of 2 different days. All athletes will come based on birth year listed on the chart and the correlating day.

On the first evaluation day each age group will learn a different dance. Athletes will then have time to review and perfect the material until they come back for the second evaluation day. On the second and final dance day they will perform the dance in small groups in front of the staff and others within their age group. Staff will also be evaluating 3 different tricks/tumbling skills from each athlete.

Video submissions for dance are accepted but must be emailed to [reception@legendaryathletics.com](mailto:reception@legendaryathletics.com) by the end of the last evaluation time for dance.

- Hip Hop: Sometimes there will be multiple teams in the same age group. They are based on team size. A large team is defined by premier, and a small team is defined by elite.
- Hip Hop: Although choreography and performance play a key role in making teams the addition of athletic ability and tricks will be taken into consideration as well.

### **Cheer-Dance Crossover**

Many of our athletes participate in both our cheer and dance programs. If trying out for cheer & dance please make sure you are committed to both and not planning to drop one once placements come out.

This makes it difficult to create teams properly as well as practice schedules.

### #1 Cheer Evaluation Days & Times by Ages

Birth Year	Evaluation Day	Evaluation Time
2019-2021	Sunday, May 17th	10:00-11:15am
2017-2018	Sunday, May 17th	11:45-1:45pm
2014-2016	Sunday, May 17th	2:15-4:15pm
2011-2013	Sunday, May 17th	4:45-6:15pm
06/01/2007-2010	Sunday, May 17th	6:45-8:30pm

### #2 Cheer Evaluation Days & Times by Levels

Level	Evaluation Days	Evaluation Times
Level 1 (Ages 5-6)	Monday, May 18 <sup>th</sup>	5:30-6:30pm
Level 4 & UP	Monday, May 18 <sup>th</sup>	7:00-9:00pm
Level 3	Tuesday, May 19 <sup>th</sup>	6:00-8:30pm
Level 1 (Ages 7 & up)	Wednesday, May 20 <sup>th</sup>	5:30-8:00pm
Level 2	Thursday, May 21 <sup>st</sup>	5:30-8:00pm

*Makeup/Early Tryout: Monday, May 18<sup>th</sup> 5:30-6:30pm*

#### Flyer Evaluations

Evaluation Day	Evaluation Time
Monday, May 18 <sup>th</sup> - Level 4 & UP	6:30-7:00pm
Tuesday, May 19 <sup>th</sup> - Level 3	5:30-6:00pm
Wednesday, May 20 <sup>th</sup> - Level 1 (Ages 7 & up)	5:00-5:30pm
Thursday, May 21 <sup>st</sup> - Level 2	5:00-5:30pm

Everyone that would like to be considered for a flying position for the 26-27 season will need to attend the flyer evaluation before their level day. This pertains to new and returning athletes.

\*Does not apply to Level 1 ages 5-6 athletes\*

### Dance Evaluation Days & Times by Ages

Tiny Hip Hop 2019-2022	
Day 1: Tuesday, May 19 <sup>th</sup>	5:30-6:30pm
Day 2: Friday, May 22 <sup>nd</sup>	5:00-6:00
Mini Hip Hop 2016-2018	
Day 1: Monday, May 18 <sup>th</sup>	5:30-7:00pm
Day 2: Friday, May 22 <sup>nd</sup>	6:00-7:00pm
Youth Hip Hop 2013-2015	
Day 1: Wednesday, May 20 <sup>th</sup>	6:00-8:00pm
Day 2: Friday, May 22 <sup>nd</sup>	7:00-8:00pm
Junior/Senior Hip Hop 06/01/07-2012	
Day 1: Thursday, May 21 <sup>st</sup>	5:00-7:00pm
Day 2: Friday, May 22 <sup>nd</sup>	8:00-9:00pm

### Evaluation Make Ups

If you are unable to make a day for a particular reason, please email us at [reception@legendaryathletics.com](mailto:reception@legendaryathletics.com). Please include your athletes' name, age, skills, and the reason you cannot attend.

Steps to sign up:

1. Log in to customer portal.
2. Under Gym Events, Select Tryouts: Sign up for your athletes age group and check out (\$100 per sport: cheer/dance, **non-refundable**)
3. Fill out evaluation for cheer, dance, or both.

Link to Customer Portal: <https://portal.iclasspro.com/legendaryathletics>

### Tryout Forms:

- [Cheer Evaluation Form](#)
- [Dance Evaluation Form](#)

Make sure you have completed both steps. Athletes must be signed up and paperwork completed by May 14<sup>th</sup>. Please make sure to sign up for the tryout group that correlates with your athlete's birth year.

If you have any questions please contact the gym at 407-831-4500 or send an email to [reception@legendaryathletics.com](mailto:reception@legendaryathletics.com)

## Cheer Tiers

Teams are categorized by skill tiers, ranging from Novice to Elite, with rules and scoring systems tailored to ensure age-appropriate progressions.

### Novice:

- Who It's for: Beginners or athletes who are new to competitive cheerleading
- Commitments Level: Low commitment typically practicing 1 day a week
- Focus: Building fundamental cheerleading skills, teamwork, and confidence.
- Scoring: Novice is on a rating system, Outstanding, Excellent, and Superior.
- Competition: Stay local and do not travel out of state. Will compete 1 day at all events.

### Prep:

- Who It's for: Athletes with some cheer experience of those looking to advance their skills without the full commitment or skill set required for Elite level.
- Commitment Level: Moderate, Practicing 2 days a week, typically 1.5 each practice
- Focus: Skill progression and routine execution, with an emphasis on performance quality.
- Scoring: Prep teams receive placements at competition. They will utilize the same skill set as allowed in elite and allows for a lower quantity of stunts and tumbling so athletes can focus on quality. The goal of a prep team is to prepare athletes for higher levels of competition and proper progression.
- Competitions: Stay local and do not travel out of state. Will typically compete 1 day at all events.

### Elite:

- Who's It for: Experience athletes committed to high-level competitive cheerleading.
- Commitment Level: High, Practicing 2 days a week, can go up to 2 hours each practice with additional practices throughout the year.
- Focus: Advanced/Elite skills, precision, and excellence in execution.
- Scoring: The elite scoring system requires more quantities of stunts and tumbling while still maintaining the same level of execution in quality of skills.
- Competitions: Can travel out of state for competitions up to 2 times. Will compete both days at all 2 day events.



### **Team Placements and Creation**

When making teams, we will ensure they are full of well-rounded athletes that can contribute throughout the routine. This includes stunts, pyramids, tosses, standing tumbling, running tumbling, jumps, showmanship, and dance.

Stunts and pyramids must be fast paced, executed well, and difficult. Tumbling must be performed and repeatable with near perfect execution, not only as an individual but also in large groups with others.

Although we can assume the types of teams we will have based on the previous year, we cannot answer the question of what teams we will have for the upcoming season until evaluations are completed. Teams are created based on those that come and complete the evaluation process.

Some athletes will gain individual skills at a rapid pace, but when it comes to teams, we believe in proper team leveling and progressions with both skill and age.

When it comes to age groups, the majority will be placed on an age-appropriate team. An “older” team does not necessarily mean better (youth vs junior or junior vs senior). By grouping athletes by age, we can better ensure their emotional and social growth. Sometimes stunting needs can affect the move of younger athletes to an older team but this is not always the case. Having your child on a team at the high end of the age range allows them to perform the necessary skills and build leadership qualities.

As your athletes' abilities increase, we want to make sure they are placed on teams where they can increase the consistency of their tumbling and their stunting ability as well. We want athletes to be able to participate in all areas of the scoresheet, become well-rounded athletes, and exude confidence.

Although we try to place all athletes on a team. There are instances where enrolling in classes and trying out again for the following season or half season would be the best option.

### **Team Placements and Creation Continued**

- Every team at Legendary will be set up for success.
- It takes 2-3 years to master a cheer level. Celebrate whatever team/level your athlete makes.
- If your athlete is tiny age, they will most likely end up on a tiny team. If your athlete is mini age, they will most likely end up on a mini team. Etc.
- Even if your athlete ends up on the same team/level they were on last year they will have a completely different and new experience.
- We understand the idea of moving up is exciting for the athletes. We look at their cheer careers as a whole. There are only so many age divisions and levels within our sport. Moving up every year isn't always the best option and will vary from athlete to athlete even if you were on the same team as others.
- We want to make sure athletes are confident with their skills and have mastered certain elements of the sport before leveling up.
- From season to season, the age group your athlete is in can switch depending on the group of athletes for that level (junior to senior, or senior to junior). The level/tier may also change (elite to prep or 2 to 1)
- Do not compare your athlete to others. Every athlete/child is unique and will bring a unique skill set to whatever team they are placed on.

### **Team Practice Schedule**

Cheer: Most teams practice two days a week, typically Monday/Wednesday or Tuesday/Thursday, sometimes Fridays are included. Tiny Novice Teams practice one day a week. Attendance is very important to the success of the team. Additional practices may be added throughout the season.

Dance: All teams practice one day a week. Depending on age groups, teams will practice between 1-2 hours depending on age group. Attendance is very important to the success of the team. Additional practices may be added throughout the season.

Cheer & Dance: If your athlete is participating in both cheer and dance, we try to but cannot guarantee that both teams will be on the same day. Practice schedule could range from 2-4 days a week. Make sure you are serious about committing to both programs as it effects the schedule.

### **Double Teaming Option**

If your athlete is interested in double teaming (competing on 2 different teams in 1 season, meaning 2 cheer teams or 2 dance teams) Please indicate on your tryout form. If you are trying out for cheer and dance, you will need to fill out both tryout forms. Double Teaming fees would apply.

Answering yes does not guarantee placement on two teams.

### **Team Placement Re-evaluation**

Maintaining skills is a requirement. Skills shown during evaluations are expected to be maintained throughout the season. The first few months will be used to further evaluate how the team fits together. Athletes may still be moved around during this time. Skills and attendance can/will be taken into consideration.

### **Current Age Grid**

Below are links to the list of available USASF divisions. Just because a division is listed does not mean that Legendary will be having a team in that division for the 2026-2027 season. An athlete's birth year may overlap into multiple divisions. The first and most likely place will be the younger age group.

[2026-2027 USASF Cheer Age Grid](#) & [2026-2027 USASF Dance Age Grid](#)



### Legendary Athletes Costs

We understand that All-star cheer and dance is an expensive sport. We give all our pricing upfront, so you know the financial commitment before you sign up for the year. We hope to offer different fundraising opportunities that can help offset the cost.

Our cheer and dance program does travel out of state for a few competitions. Our prices include everything except travel costs. Athletes will travel and stay in hotels with family. When we have out-of-state competitions there will usually be a room block for Legendary and information will come out later in the season.

Our fees are split into 11 months (June-April) and are due on the first of each month. The fees include competition fees, choreography, music, coaching fees, and several other expenses. Apparel and uniforms will be billed separately and are not included in your monthly fees.

Prices below are based on the 2025-2026 Season.

<b>Cheer Team</b>	<b>Annual Amount</b>	<b>Monthly</b>
Novice & Prep Teams	\$1,975-\$2,970	\$224-\$334
Elite	\$3,595-\$3,780	\$424-\$450
<b>Dance Team</b>	<b>Annual Amount</b>	<b>Monthly</b>
Tiny-Senior	\$2,275-\$3,155	\$289-\$395

Additional Items not included in monthly (Estimates):

- One Time Gym Registration: \$50
- USASF Registration Fee: \$49 (based on previous years & paid directly to the USASF)
- End of Season Events (Worlds/Summit, etc.)
- Cheer Apparel: \$365-\$450 depending on team.
- Tiny Cheer Team Uniforms: Rental Fee and included in tuition.
- Cheer Uniform: \$550-\$700 depending on team.
- Dance Uniform: \$400-\$500 depending on team.
- \*Dance teams get a new uniform each year. Cheer uniforms will stay the same as previous years. If a current style is no longer available a new uniform may be issued to the team and be included in fees as a rental. Athletes may need a new uniform/piece based on team placements. You can purchase new or may find an option to buy used.

Discounts: cannot be combined, exception is the 5% prepayment in full

- Pay in Full: Discount of 5% of total
- Cheer-cheer crossover: 20% less, not including competition fees (only 1 tumbling class included)
- Dance-dance crossover: 20% less, not including competition fees (only 1 set of apparel)
- Dance/Cheer crossover: 10% less, not including competition fees
- Sibling: 10% less on 2<sup>nd</sup> child

## 2026-2027 Full Evaluation Schedule

Sunday, May 17 <sup>th</sup>	
Tiny Cheer 2019-2021	10:00am-11:15am
Mini Cheer 2017-2018	11:45am-1:45pm
Youth Cheer 2014-2016	2:15-4:15pm
Junior Cheer 2011-2013	4:45-6:15pm
Senior Cheer 06/01/2007-2010	6:45-8:30pm
Monday, May 18 <sup>th</sup>	
Mini Hip Hop 2016-2018	5:30-7:00pm
Makeup/Early Cheer Tryout	5:30-6:30pm
Level 1 (Ages 5-6)	5:30-6:30pm
Flyer Evaluation (Level 4 & UP)	6:30-7:00pm
Level 4 & UP	7:00-9:00pm
Tuesday, May 19 <sup>th</sup>	
Tiny Hip Hop 2019-2022	5:30-6:30pm
Flyer Evaluation (Level 3)	5:30-6:00pm
Level 3	6:00-8:30pm
Wednesday, May 20 <sup>th</sup>	
Youth Hip Hop 2013-2015	6:00-8:00pm
Flyer Evaluation (Level 1 Ages 7 & UP)	5:00-5:30pm
Level 1 (Ages 7 & UP)	5:30-8:00pm
Thursday, May 21 <sup>st</sup>	
Junior/Senior Hip Hop 06/01/07-2012	5:00-7:00pm
Flyer Evaluation (Level 2)	5:00-5:30pm
Level 2	5:30-8:00pm
Friday, May 22 <sup>nd</sup>	
Tiny Hip Hop 2019-2022	5:00-6:00pm
Mini Hip Hop 2016-2018	6:00-7:00pm
Youth Hip Hop 2013-2015	7:00-8:00pm
Junior/Senior Hip Hop 06/01/07-2012	8:00-9:00pm

### Additional Important Dates

Event	Date	Details
Teal Reveal	May 31 <sup>st</sup>	Come to the gym and celebrate team placements for the new season. More info TBA
Teams Begin	June 8 <sup>th</sup>	New season begins. Please have all paperwork completed and turned in before first practice
Cheer Fitting Day	June 14 <sup>th</sup>	Athletes will be fitted for uniforms, practice wear, jackets, & shoes for the new season. More info TBA
Stunt Week	June 15-18 <sup>th</sup>	Teams come in during the day & learn stunt technique and skills to start off the season. Each team/level will be a different day. Specifics will come out once evaluations are completed.
Summer Break	June 29 <sup>th</sup> -July 3 <sup>rd</sup>	Gym Closed for summer break
Pyramid Week	July 20-23 <sup>rd</sup>	Teams come in during the day & learn pyramid skills in preparation of choreography. Each team/level will be a different day. Specifics will come out after evaluations are completed.
Choreography: Minis	August 14-16 <sup>th</sup>	Each mini team will come during a specific time block to learn their routine/transitions/motions over the weekend.
Choreography: Youth	August 21-23 <sup>rd</sup>	Each youth team will come during a specific time block to learn their routine/transitions/motions over the weekend.
Choreography: Juniors	August 29-30 <sup>th</sup>	Each junior team will come during a specific time block to learn their routine/transitions/motions over the weekend.
Choreography: Senior Option 1	September 12-13 <sup>th</sup>	A senior team will come during a specific time block to learn their routine/transitions/motions over the weekend.
Choreography: Senior Option 2	September 19-20 <sup>th</sup>	A senior team will come during a specific time block to learn their routine/transitions/motions over the weekend.

- As we get closer to each event more details will come out as it pertains to certain teams.
- Options for senior teams will be announced for specific team after team placements.
- Please note that choreography/stunt days may need to be adjusted depending on new teams for the 26-27 season.
- Dance Choreography: Dance will have choreo weekends. Times/Dates TBA
- A detailed gym wide calendar with events, closures, and theme weeks will come out as we begin the new season.